

## 2020 COVID- 19 Pandemic Resource List

### County of Vermilion River

<b>Vermilion Food Bank</b>	780-853-5161	Pickup at Holy Name of Jesus Catholic Church (4620-53 Ave. Vermilion) on Fridays, 1-3pm.
<b>Lloydminster Salvation Army Food Bank</b>	780-875-9166	Provides food hampers to individuals and families in need. Call to book an appointment for services.
<b>St. Anthony's Roman Catholic Church Food Bank (Lloydminster)</b>	780-875-2883	Provides a hamper for individuals and families in need. Call to book an appointment to receive services.
<b>Health Link</b>	811	24/7 support line managed by registered nurses.
<b>Service Canada Centre Lloydminster</b>	1-800-277-9914	Families and Children Benefits, Seniors Programs, and Employment Programs
<b>Alberta Supports</b>	1-877-644-9992	Provincial social programs
<b>Alberta Works Income Support Centre</b>	1-866-644-5135	Emergency benefits and other services
<b>Canadian Mental Health Crisis Line</b>	1-800-232-7288	Provides confidential, non-judgemental, and short-term crisis intervention, emotional support and resources.
<b>Mental Health Helpline</b>	1-877-303-2642	24/7 help line for mental health concerns for Albertans
<b>Crisis Services Canada</b>	1-833-456-4566	24/7 suicide prevention and support
<b>Distress Line for People in Crisis</b>	1-800-661-4606	24/7 crisis line
<b>Kids Help Phone</b>	1-800-668-6868	Confidential professional counselling, information and referrals. 24/7 national support service.
<b>Family Violence Information Line</b>	310-1818	Family violence help anonymously in more than 170 languages.
<b>Abuse Helpline</b>	1-855-443-5722	Provincial abuse helpline will connect you to resources, supports, services and referrals to address concerns.
<b>Child Abuse Hotline</b>	1-800-638-0715	24 hour hotline to report child neglect or abuse
<b>Seniors Abuse Helpline</b>	211 or 780-454-8888	Intervention, support and resources to those experiencing or concerned about someone experiencing seniors' abuse.
<b>Alberta's One Line for Sexual Violence</b>	1-866-403-8000 (call or text)	Connects individuals who have been impacted by sexual violence to specialized support.
<b>Addictions Helpline</b>	1-866-332-2322	Advice and referrals for those requiring addiction services